

**CURRICULUM VITAE**  
**ADAM WOO**

**MBBS (LONDON) FRCA (ENGLAND)**  
**MSc (EDINBURGH) FFPMRCA**

**Name** Adam K M Woo  
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**GMC Reg** 4624938 (Full)  
**Nationality** British  
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**Practice Location:** HCA Shard, London Bridge

## **EDUCATIONAL QUALIFICATIONS**

**Fellow of the Faculty of Pain Medicine of the Royal College of Anaesthetists (UK)** 2010  
**Masters in Science, Pain Management University of Edinburgh** 2009  
**Fellow of the Royal College of Anaesthetists UK** 2005  
**MB BS (London) with Distinction University College London Medical School** 1999

## **PROFESSIONAL MEMBERSHIPS**

**GMC Specialist Register** 4624938  
**Royal College of Anaesthetists** 607191  
**Faculty of Pain Medicine, RCOA**

## ACADEMIC AWARDS

### University of Edinburgh, School of Clinical Sciences

|                                    |      |
|------------------------------------|------|
| Jansen-Cillag Bursary Prize        | 2008 |
| Special Prize, MSc Pain Management | 2007 |

### UCL Medical School

|  |      |
|--|------|
| Honours in Pathology in MBBS Examinations  | 1999 |
| Fairweather Prize in Obstetrics and Gynaecology  | 1999 |
| Certificate of Merit for Outstanding Performance in MBBS Written Finals                    | 1998 |
| Certificate of Merit in Clinical Pharmacology  | 1998 |
| Filliter, Kingston Fowler and Tuke Prize in Pathology                                      | 1997 |
| Certificate of Merit for Outstanding Performance in First Year Clinical Assessment         | 1997 |
| Blackwell Student Book Prize for Outstanding Performance in First Clinical Year Assessment | 1997 |
| Meyerstein Award for Best Overall Performance in Basic Medical Sciences Parts 1 and 2      | 1996 |
| Distinction in Pharmacology  | 1996 |
| Distinction in Physiology  | 1996 |
| Carter Prize for Best Performance in Immunology  | 1996 |
| Windham Baring Prize in Pathology  | 1996 |
| Drummond Prize for Best Performance in Biochemistry  | 1995 |
| Thomas Yeates Prize in Anatomy   | 1995 |

### A-Levels (University of London Examination Council)

**Special Medallion of Excellence** for highest mark in Mathematics and second highest mark in Chemistry in world standings, summer 1994. Presented by University of London Examinations Council

## CLINICAL AWARDS

|   |         |
|---|---------|
| Double Clinical Excellence Awards, Kings College Hospital | 2019/20 |
| Clinical Excellence Award, Kings College Hospital         | 2020/21 |
| Clinical Excellence Award, Kings College Hospital         | 2021/22 |
| Clinical Excellence Award, Kings College Hospital         | 2022/23 |

## NOTABLE POSITIONS

- Examiner, Faculty of Pain, Royal College of Anaesthetists
- Panel Expert Member, Police Medical Appeal Board, United Kingdom (Defendant based)
- Previous Lead Pain Educational Director, Kings College Hospital
- Reviewer, *Neuromodulation Journal*
- Accredited Consultant Appraiser

## **MEDICOLEGAL EXPERIENCE**

**Medicolegal Award-** I was named Pain Medicolegal Expert of the Year 2022 in the prestigious Lawyer Monthly's international Expert Witness Awards. I am also winner of Lawyer International's Legal 100 2024 as Pain Medicolegal Expert of the Year.

I was invited speaker and Faculty for the 56<sup>th</sup> Malaysia-Singapore International Congress in 2023 giving talks on Medical Negligence and Chronic Pelvic Pain.

I have been involved in medicolegal work since 2014 and write approximately 50 to 60 reports a year. I have been to medicolegal courses update myself regularly in this area. I write both claimant and defendant reports.

I deal with all areas of chronic pain in all settings, relating to personal injury, occupational injury medical/clinical negligence. These include:

- Pain after Accidents
- Spinal pain
- CRPS
- Post-surgical pain
- Whiplash and Neck pain
- Musculoskeletal pain
- Fibromyalgia
- Neuropathic pain
- Back pain
- Psychosocial problems in pain
- Facial pain and Headaches
- Somatoform pain disorders
- Acute pain
- Cancer pain
- Arthritic pain
- Cancer pain
- Lower back pain
- Disability due to pain in occupational settings
- Opioid Addiction/Misuse

### **Medicolegal Pain Publications**

**Woo A.** Why do some, not others, Develop Chronic Pain After Injury? Expert Witness Journal, Issue 41, February 2022

**Woo A.** Why me, not you? PI Focus, Association of Personal Injury Lawyers Publication. June 2021

**Woo A.** A Complex Problem (Complex Regional Pain Syndrome). PI Focus, Association of Personal Injury Lawyers Publication Sept 2020

### **Scientific Pain Publications**

**Woo A and Ratnayake G.** Sleep and Pain Management: A Review. Pain Management June 2020

**Oon Z and Woo A** Should thoracic epidurals be routinely sited in patients having cardiac surgery? British Journal of Hospital Medicine, 78(12), p. 730 Dec 2017

**Woo A and Sinha M.** Should ultrasound or X-rays be used in chronic pain medicine interventions? British Journal of Hospital Medicine 77(5): 314 May 2016

**Woo A, Tharakan L and Vargulescu R.** Stellate Ganglion Block for Painful Congenital Venous Malformation of the Arm. Pain Practice 2015

**Wilson J and Woo A** Long term Opioids: Friend or Foe? British Journal of Hospital Medicine 74(5): 298 May 2013

**Woo A.** Depression and Anxiety in Pain. British Journal of Pain March 2010 vol. 4 no. 1 8-12

## **CLINICAL SCOPE**

I have 10 years' experience as a pain consultant in a busy research/university hospital. I currently run outpatient pain clinics and theatre-based interventional procedures. Referrals are complex and varied, coming from rheumatology, neurology, haematology, liver transplant, palliative care and neurosurgery within this tertiary referral hospital.

I work within a multidisciplinary pain service with nurse specialists, pain psychologists and specialist pain physiotherapists. I hold joint clinics with neurology specialising in peripheral neuropathic pain, and urologists seeing patients with urogenital pain. I also run a joint clinic with haematology emphasising the psychological aspects in sickle cell pain.

## **Presentations and Teaching (Recent)**

**Invited Speaker, Kazakhstan Teaching Hospitals on Acute Pain 2023**

**Faculty Member and Invited Speaker, 56<sup>th</sup> Malaysia-Singapore Congress of Medicine 2023**

**Invited Speaker, Chronic Back Pain, Gulf Countries Course 2021**

**Director, Qatari Preceptorship to Kings College Hospital 2020**

**Invited Speaker, Conference , Adults with Learning Difficulties 2019**

**GP presentations on neuropathic pain 2019**

**Physiotherapy Pain Talk, HCA Hospitals 2019**

I have also been invited speaker for all pain conditions at GP practices in Southeast London.

## **COURSES AND MEETINGS ATTENDED (RECENT)**

|  |             |
|--|-------------|
| Cambridge Annual Medicolegal Conference                | Sept 2023   |
| Pain Medicolegal Experts Meeting UK, Online Discussion | August 2022 |
| London Pain Forum and Pulsed RF, Madrid                | April 2022  |
| Cambridge Annual Medicolegal Conference                | Sep 2021    |
| Cambridge Annual Medicolegal Conference                | Nov 2019    |
| British Pain Society ASM                               | May 2019    |
| LSORA Ultrasound Course                                | Nov 2017    |
| Pain Expert Limited Conference, UK                     | Oct 2016    |
| Professional Solutions Medicolegal Writing Course      | 2016        |

## **PROFESSIONAL APPOINTMENTS**

### **Current Appointment**

**Consultant in Pain Management, Kings College Hospital** since Oct 2011

### **Previous Appointments**

**Specialist Registrar in Pain and Anaesthesia.** Royal Free, UCL, Great Ormond Street and Royal London Hospitals.

#### **Advance Pain Trainee**

Pain Management Centre, St Thomas' Hospital

#### **Clinical Research Fellow in Pain**

National Hospital for Neurology and Neurosurgery and UCL

## **EXTRACURRICULAR ACTIVITIES**

Music is an integral part of my life. I play the guitar and piano, obtaining Grade 8 qualification from the Royal College of Music for the latter. I also compose music on the keyboard and have experience performing the piano in public. I enjoy the arts and culture scene in London with a special interest in fine prints. Fitness is important and workout regularly. I have done some 10k runs for charity. I have a passion for travelling and have visited many countries. Highlights include Machu Picchu in Peru, Jordan, Japan and China.